**Kantha Quilt Supplies**

* Perle cotton thread – size 8
* High quality needles (A)
	+ Tulip
	+ Richard Hemming & Son
* Safety pins – for holding top/back together while beginning quilting
* Straight pins – for traditional sewing together quilt top/back
* Erasable marking tool or painters/masking/washi tape – optional, depending on quilt top layout
1. The key to kantha stitches is having a longer needle that will allow you to load more stitches at once. Larger Milliners (Size 1 & 3) and Sashiko needles work well. Needles with a body that is similar in diameter to the eye and, in a large size, are similar in diameter to the perle cotton as well. The holes will allow the thread to pass easily, reducing strain on the threads.

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